

## PHYSIOTHERAPY INTAKE FORM

Welcome!

Our intake forms are quite extensive. Be prepared to answer a lot of questions!  
 This is a confidential record of your medical history and will be kept in this office.  
 Information contained here will not be released without your consent.

Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone numbers: (home) \_\_\_\_\_ (mobile) \_\_\_\_\_

Email address: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency contact's name and relationship to you: \_\_\_\_\_

Emergency contact's phone number: \_\_\_\_\_

Family doctor: \_\_\_\_\_ Referred by: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_ Policy #: \_\_\_\_\_ ID#: \_\_\_\_\_

Reason(s) for seeking physiotherapy:

### General Medical History:

Do any of the following health concerns/conditions/diagnoses apply to you?

Cardiac (heart) condition

Pulmonary (lung) condition

Diabetes

Multiple sclerosis

Cancer (past or present)

Circulatory problems

Rheumatoid arthritis

Pacemaker

Metal implants/screws/plates

Pregnancy

Epilepsy or other seizure disorder

Circulation problems or blood clots

If you have checked off any above conditions, please provide details here (if applicable):

Other medical conditions not listed above (please describe):

Surgical procedures:

Do you smoke? **Y** **N**

Allergies? **Y** **N**

Patient name:

Date:

Current medications (please list all prescription and over-the-counter medications including supplements):

Pelvic Floor Therapy Questionnaire:

Number of pregnancies:

Number of vaginal deliveries:

Number of caesarean deliveries:

Year of last delivery:

Largest birth weight:

Trouble healing post-delivery? **Y N**

Do you have regular periods? **Y N**

Do you have frequent yeast infections? **Y N**

Do you have frequent urinary tract infections? **Y N**

Are you sexually active? **Y N**

Do you currently have a sexually transmitted infection? **Y N**

Do you have pain with (check all that apply):

Sexual intercourse

Tampon use

Pelvic exam

Back, leg, groin, abdominal pain

Have you had any of the following tests?

Urodynamic test Y N Results: \_\_\_\_\_

Cystoscope Y N Results: \_\_\_\_\_

Urine test Y N Results: \_\_\_\_\_

Bowel test Y N Results: \_\_\_\_\_

Do you leak urine when you:

Cough/sneeze/laugh

Lift/exercise/dance/jump

On the way to the bathroom

Hear running water

Have a strong urge to urinate

Other \_\_\_\_\_

Do you:

Wet the bed

Feel unable to empty bladder

Have pain with urination

Have pressure/"falling out" feeling

Strain to start urination

Urinate frequently

Strain with bowel movement

Leak/stain feces

Leak gas by accident

Have pain with bowel movement

Have diarrhea often

Take laxatives/ enema regularly

How often do you move your bowels? \_\_\_\_\_

Thank you for taking the time to complete this questionnaire.